



# Breakfast Chatter 2016/2017



## The Weekly Bulletin of Rotary Club of Kathmandu Mid-Town Celebrating 27 Years of Rotary

### Rotary Foundation Month

#### Weekly Meetings and Programmes:

Date	Speaker	Program/Topics of Presentation
4 November	Guest Speaker: Trevor Moyle; Director, Growing Nepal Foundation Ltd	Trevor Moyle is a member of Moreland Rotary Club from District 9790 in Melbourne Australia. He will be talking about possible collaborations between the Rotary Club of Kathmandu Mid-Town in endorsing the Growing Nepal Foundation. The Growing Nepal Foundation is a charitable program, which Trevor established with Susan Welch. The aim of the Foundation is to identify and develop projects in Nepalese village communities that make a long term difference, on the back of committed community engagement and empowerment. The projects will be designed to achieve a specific combination of sustainable outcomes measured in terms of social, economic, health and education improvements. Growing Nepal will focus on delivery of successful projects with good quality partnerships in both Nepal and Australia, with the Rotary organization being key in both countries.

#### Club News

A Short presentation of one of our new members:

Dr. Dale Molé is the Chief Executive Officer at Scheer Memorial 150-bed mission hospital established in a suburb of Kathmandu in the first hospital in Banepa, the first hospital in Nepal to perform surgery, and it continues to provide charity services for many poor. He attended medical school in Kansas City, Missouri on a U.S. Navy professions scholarship. He trained as a Flight Surgeon, Navy Submarine Medical Officer, spending 10 years in the submarine, deep submergence communities. In addition to many years of practice, he was Director of Undersea Medicine and Radiation U.S. Navy, Executive Officer (COO) of U.S. Naval Hospital Okinawa, the Commanding Officer (CEO) of U.S. Naval Hospital Naples, Italy. Fleet Surgeon for the United States 5<sup>th</sup> Fleet and U.S. Naval Forces Command in Bahrain where he was responsible for the health care of over 25,000 Sailors afloat and ashore in the Middle East and Southwest Asia. Prior to retiring from the Navy, he practiced medicine at the



Hospital, a 1960. It was laproscopic Nepalis. health Diver, and diving, and clinical Health for the Japan, and He was the Central

National Naval Medical Center in Bethesda, Maryland in the Wounded Warrior Clinic providing care for wounded Sailors, Marines, and Coast Guard.

He is board certified Emergency Medicine and Preventive Medicine and has a certificate of knowledge in Travel Medicine. He is a seasoned physician-executive with extensive experience providing health care in remote, austere environments. He spent over 33 years in the United States Navy, has lived in 7 countries (including Antarctica) and visited more than 60 others. In his role as an Emergency Medicine physician, he provided direct medical support for operations at Arctic Ice Stations, in the Amazon jungle, the Caribbean, sub-Saharan Africa, Europe, and in Russia. He participated in a number of domestic and international disaster relief and humanitarian operations and has worked extensively with federal law-enforcement, as well as other governmental agencies both in the United States and overseas. He has authored numerous medical journal articles, book chapters, and books. He spent most of 2012 as the sole physician at the United States Amundsen-Scott South Pole Station

## Rotary Story of the Week

What does it mean to be human?

*By Misaki Otani, member of Interact in District 5170 (California, USA)*

Interact members in my district are raising \$120,000 this year to aid Syrian refugees overseas and refugee resettlement in the San Francisco Bay Area. We are also raising awareness, planning service projects, and working to break the stigma associated with refugees.

Why did we chose this project?

The main reason is because this crisis is covered a lot in the media, and the issue appears out of our hands, therefore we don't take action. This project focuses on how Interactors can make an impact internationally from their local communities. Also because this crisis is so complex, like many world issues, we're striving to educate our fellow Interactors on ways they can mindfully approach these issues and make a sustainable impact.

On a more emotional level, "What does it mean to be a human?" This is the question I ask all Interactors. Refugees are often dehumanized and looked upon as a problem. We want to break that stigma, and really reach the core of the human connection that ties us all together. Love, kindness, respect. Whatever your response to what it means to be a human — that is what Syrian refugees are lacking right now. It's an emotional issue, but one that drives us to seek change. As Interactors, it reminds us of our shared values, and why we value service. Why we spend countless hours planning events to raise funds, and why we care so much. Because in the end it makes you feel something. That undying connection we all have as humans, regardless of the borders that separate us. As a district, we raise thousands of dollars every year for our international service project, but it's about more than the money. It's about the statement that we're making together. The statement that you are a human, and so am I. We are humans, and so are Syrian refugees.

Celebrate Interact service projects like this one during [World Interact Week](#).

Participate in the [Interact Video Awards](#) to raise awareness for projects focused on the [Sustainable Development Goals](#).

## Rotary International News

The Rotary Foundation transforms your gifts into projects that change lives both close to home and around the world. As the charitable arm of Rotary, we tap into a global network of Rotarians who invest their time, money, and expertise into [our priorities](#), such as [eradicating polio](#) and [promoting peace](#).

Foundation [grants](#) empower Rotarians to approach challenges such as poverty, illiteracy, and malnutrition with sustainable solutions that leave a lasting impact.

Strong [financial oversight](#), a stellar [charity rating](#), and a unique [funding model](#) mean that we make the very most of your contribution. [Give](#) and become a part of Rotary's life-changing work!

### *HISTORY OF THE ROTARY FOUNDATION*

In 1917, Rotary International President Arch C. Klumph proposed an endowment "for the purpose of doing good in the world." His vision became The Rotary Foundation.

### *GIVING*

When you give to The Rotary Foundation, you support Rotary's work across the world and help ensure our future. You can choose where to direct your donation and how you wish to give. Recognition is offered at many giving levels.

[Learn more about giving opportunities](#)

## Calendar and events in Kathmandu

31 October-6 November — World Interact Week

12 November – Rotary Day at the UN

15 December — Early registration discount ends for [Rotary International Convention](#)

## Kathmandu Events

**Tihar**, also known as **Deepawali** and **Yamapanchak**, is a five-day-long festival celebrated in Nepal. It is dubbed as the festival of lights, as *diyas* are lit inside and outside the houses to make it illuminate at night. It is popularly known as Swanti among the Newars. Besides Nepal, the festival is also observed by Nepali-speaking population living elsewhere in Darjeeling, the Indian states of Assam and Sikkim, etc. Set in the Vikram Samvat, the festival begins with Kaag Tihar in Trayodashi of Kartik Krishna Paksha and ends with Bhai Tika in Dwitiya of Kartik Sukla Paksha every year.

Tihar is the second biggest Nepalese festival following Dashain. It is considered to be of great importance as it shows reverence to not just the humans and the gods, but also to the animals like crows, cows and dogs that maintain an intimate relationship with humans. People make patterns on the floor of living rooms or



courtyards using materials such as coloured rice, dry flour, coloured sand or flower petals outside of their house, called *Rangoli*, which is meant to be a sacred welcoming area for the gods and Goddesses of Hinduism mainly Goddess Laxmi.

THE TEN WATER JARS  
ART FROM THE TIME OF THE EARTHQUAKE



LATE JIM DANISCH  
NOVEMBER 4 - 17, 2016



invites you to an exhibition of  
The Ten Water Jars  
Art from the Time of the Earthquake  
by  
Late Jim Danisch  
  
James Giambrone  
Director, Indigo Gallery  
will open the exhibition on  
Friday 4th November, 2016  
at 5:30 pm

Gallery Hour - Sunday to Friday: 11am to 5 pm - Saturday: 12 pm to 5 pm  
Baber Mahal Revisited, Kathmandu, Nepal  
P.O Box 1776 [Tel: 4218028, 4433930] [Fax: 4438716  
sthapa@mos.co.np | www.siddharthaartgallery.com

***Please update your 'My Rotary' Account***

First go to [www.rotary.org](http://www.rotary.org).  
Then **click on My Rotary**. And then **Click on Sign In/Register**.  
If you are a first time user, click on **Create account**.

Fill in the Account registration information **and click on Continue.**

You will be informed that an e-mail has been sent to you.

Check your email for the address you provided in the step above. You will receive a message from Rotary. Click on the blue link in the mail to finalize the process.

## A Thought for the Day:

Half of the harm that is done in this world is due to people who want to feel important. They don't mean to do harm but the harm does not interest them.

-T.S. Eliot, poet (26 Sep 1888-1965)

NB: Send any information/photos that may be of interest to the Club or Rotarians in general to

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Facebook: <https://www.facebook.com/RotaryClubOfKathmanduMidtown>

Venue: Fridays at 7:30AM, Hotel de l'Annapurna, Kathmandu, NEPAL